

The Day-One

Your go-to person—the one who knows you, backs you, and won't leave you on "seen."

- Name: _____
- How we'll check in: _____
- Our "something feels off" signal:

"No Chaos in the Comments" Rules

Your personal algorithm for avoiding drama, staying safe, and staying in control of your night.

- Only take drinks I see opened/poured
- Keep my drink with me at all times
- If the vibe shifts, I leave with my Day-One
- Extra: _____

Your Privacy Settings

Your rules for what allowed in your space...and what gets instantly blocked.

- My boundaries: _____
- Hard no: _____

SOS Group Chat

Your emergency contacts—the ones who answer fast and show up faster.

- Name/Number: _____
- Name/Number: _____

Pull-Up & Dip Plan

Your pull-up vibes and exit strategy, mapped out before the night gets wild.

- Going: _____
- Getting home (backup): _____
- Who else knows the plan? _____

Ghost Mode Exit Strategy

When it's time to dip, you do it safely and smoothly—zero drama, zero explanation.

- My move: _____ (with Day-One)
- Who I'll text before I leave: _____
- Where I'll go next: _____

HAVE FUN!
POST LATER!

IRL SAFE MODE

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