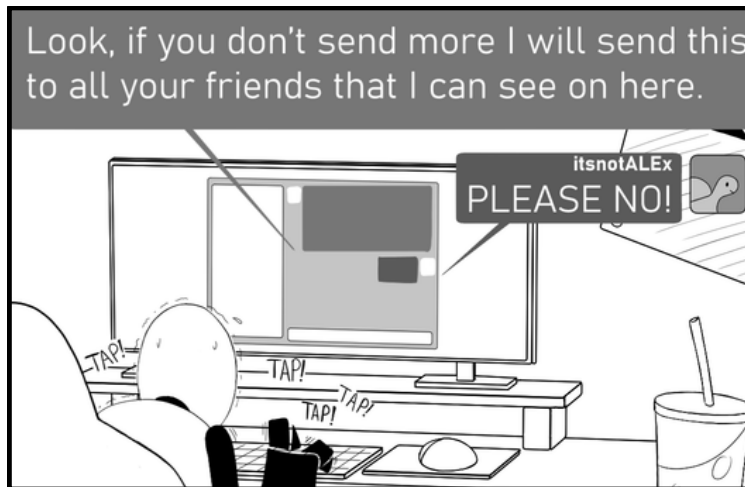


THE TRUTH ABOUT SEXTORTION

What you need to know: Pressure. Fear. Silence. Support.

Created by Consent Comics and the
Carter Bremseth Memorial Foundation

1. What is sextortion?



Sextortion is when someone **threatens to share** real or AI-created intimate pictures, messages, or information to pressure you into doing something.

That something might be:

- sending more pictures
- sending money
- keeping a secret

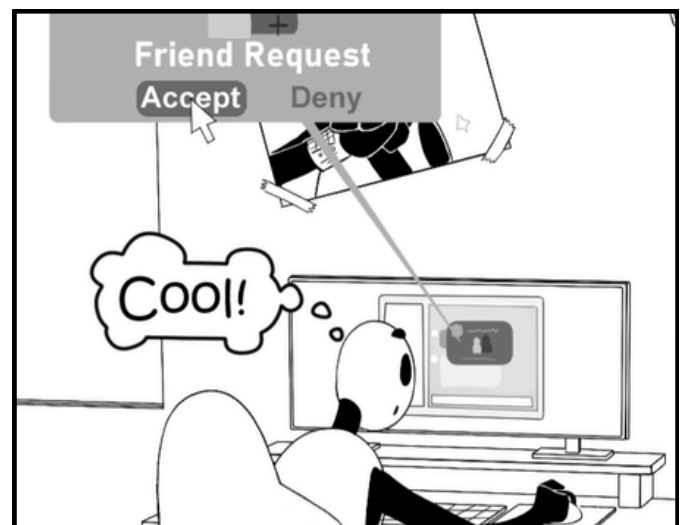
This is not your fault. Someone is trying to control and take advantage of you using pressure, fear, and manipulation. ***YOU are the VICTIM, not the one in trouble.***

2. How does it usually start?

It often starts in a way that feels totally normal:

- a message
- a follow or friend request
- someone from a game or group
- someone who seems friendly or nice (**things can change quickly**)

It often doesn't feel wrong at first, and that's how it works. The person will try to make you feel comfortable, understood, or special while building trust with you in these moments. They are professionals at this and know exactly what they are doing.



3. Why don't people tell someone right away?



Because they're scared. Kids often think:

- "I'll get in trouble."
- "They'll take my phone."
- "I'll disappoint my parents."
- "People will blame me."
- "It's too late now."
- "I'm so embarrassed!"
- "How could I have been so stupid?"
- "Everyone will know."
- "I will be exposed!"

*Feeling like you need to stay quiet doesn't mean you did something wrong. It usually means you are scared. **It is SO normal to feel scared!***

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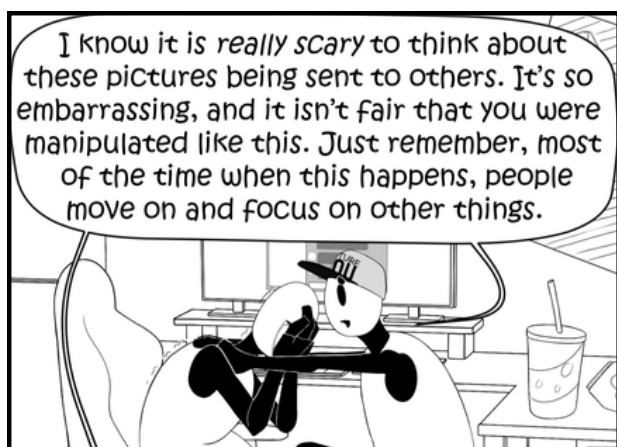
4. What should I do if this happens to me?

- Pause. You don't have to respond.
- **Tell a trusted adult as soon as you can.**
- Do not send anything else.
- Save messages or screenshots (you can ask an adult to help).
- Block and report the account.
- **DO NOT DELETE** your account.
- Report the crime to NCMEC's CyberTipline at [Report.CyberTip.org](https://www.cybertip.org) or call your local law enforcement.



*You don't have to handle this by yourself. When we are scared, we may start to believe we don't want anyone to know what is happening. The criminals WANT to make you feel bad, so you do what they demand from you. Take some deep breaths and **remind yourself that there are people who want to HELP and LOVE you.***

5. What if they actually share something?



That's a REALLY scary thought—and it makes sense to feel that way. But remember:

- This is not your fault.
- You won't be in trouble for telling.
- **A trusted adult can help you right away.**
- There are organizations that can help remove the images from the internet.
- **You are not alone in this.**

Even if something is shared, there is help, AND there is a way forward. There are people who want to help you—LET them.

So, if this happens to you... **REMEMBER:**

- **You don't have to fix this by yourself.**
- There are people who will help you and want to.
- Be gentle with yourself. You didn't do anything to deserve this. **You have nothing to be ashamed of.**
- You are the **VICTIM** of a crime. There are many kids who have been targeted, and all of them have been scared just like you are right now.
- Law enforcement is working hard to catch the criminals and protect kids like you. You can help them by reporting this crime.

Need help getting images removed?

[Takeitdown.NCMEC.org](https://www.takeitdown.ncmec.org)

- Helps remove or stop the sharing of intimate images taken when you were under 18

[StopNCII.org](https://www.stopncii.org)

- Helps remove intimate images taken when you were 18+ and shared without your permission

**SEE MORE
RESOURCES
ONLINE**

consentcomics.com

[carterbremsethmemorialfoundation.com](https://www.carterbremsethmemorialfoundation.com)